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Education				
Date	Degree	Institution	Country/City	Major
2018	MS (Currently studding)	Virtual University of Medical Sciences	Tehran, Iran.	Medical Education
2014	Board Certification in Psychiatry	University of Social Welfare & Rehabilitation Sciences,	Tehran, Iran	Psychiatry
2010	MD	Tabriz University of Medical Sciences,	Tabriz, Iran	Medicine
Language Ability				
- English : fluent (IELTS academic: band 7) - German: intermediate - French: Basic - Persian: Native				

research projects			
Year	Position	title	Location
2018-2020	Principal Investigator	Producing simulated psychosis in virtual reality and evaluation of its efficacy in knowledge, attitude, increasing empathy and reducing stigma in medical students in comparison with usual education: The first experience of applying virtual reality in psychiatry education	University of Social Welfare & Rehabilitation Sciences, Birjand University of Medical Sciences
2017- 2019	Collaborator	A Comparison of Effectiveness of Antipsychotic Polypharmacy versus Aripiprazole Monotherapy on Chronic Schizophrenia and Relation with Cognition, Gene Expression, Blood Biomarkers, fMRI and SPECT	University of Social Welfare & Rehabilitation Sciences
2017- 2019	Principal Investigator	Prevalence of Drug Use and Associated Risk Factors in Patient with Psychosis	University of Social Welfare & Rehabilitation Sciences
2017- continued	Supervisor of the thesis	Shape analysis of brain changes in patients with paradoxical insomnia	University of Social Welfare & Rehabilitation Sciences
2011-2013	Principal Investigator	Evaluation of the effect of capsule of saffron aqua extract on cognitive, positive, negative & general symptoms & prevention of metabolic syndrome in people with schizophrenia on olanzapine treatment: A randomized double blind study with placebo control	University of Social Welfare & Rehabilitation Sciences
2011-2013	Principal Investigator	Evaluation of the effect of capsule of crocin on cognitive, positive, negative & general symptoms & prevention of metabolic syndrome in people with schizophrenia on olanzapine treatment: A randomized double blind study with placebo control	University of Social Welfare & Rehabilitation Sciences
Administrative Responsibilities			
Year	Position	Institution/Event	Location
2018-continued	Head of Psychosis Research Center	University of Social Welfare & Rehabilitation Sciences	Tehran, Iran.

2016- 2018	Head of Emergency Department	Razi Psychiatry University Hospital	Tehran, Iran.
Scientific Membership			
Year	Association, Society		Location
2014- continued	Iranian Psychiatric Association		Tehran, Iran.

Publications			
1. Journals			
Year	Journal name	Article title	Vol. & Page
2020	International Clinical Psychopharmacology	5-Hydroxytryptophan as adjuvant therapy in treatment of moderate to severe obsessive-compulsive disorder: a double-blind randomized trial with placebo control.	June 18, 2020 - Publish Ahead of Print - Issue - doi: 10.1097/YIC.0000000000000321
2020	International Journal of Social Psychiatry	Coronavirus disease 2019 pandemic: Do not forget patients with severe mental illness(Article in press)	First Published July 7, 2020 Editorial https://doi.org/10.1177/0020764020939982
2020	International Journal of Social Psychiatry	To be able, or disable, that is the question: A critical discussion on how language affects the stigma and self-determination in people with parability	First Published April 13, 2020 Review Article https://doi.org/10.1177/0020764020913308
2020	Substance use disorder in patients with psychosis and its related factors	Iranian Journal of Psychiatry	Under review for publication
2018	Middle East Journal of Rehabilitation and Health	Virtual Reality: A Novel Approach in Rehabilitating People with Schizophrenia	5 (3); e80071 Published Online: June 23, 2018 , DOI : 10.5812/mejrh.80071
2018	Modern Care Journal	Virtual reality: a step forward in diagnosing schizophrenia	15 (3); e81108 Published Online: August 5, 2018 DOI : 10.5812/modernc.81108

2018	New Trends and Issues Proceedings on Humanities and Social Sciences	students' versus academic staff' attitudes towards e-learning: A comparative study	DOI: 10.18844/prosoc.v5i3.3911
2015	Avicenna Journal of Phytomedicine	Safety Evaluation of Saffron Stigma (Crocus sativus L.) Aqueous Extract and Crocins in Patients with Schizophrenia	2015 Sep-Oct; 5(5): 413– 419. PMID: 26468460 PMCID: PMC4599113
2014	Pharmacopsychiatry	Saffron Aqueous Extract Prevents Metabolic Syndrome in Patients with Schizophrenia on Olanzapine Treatment: A Randomized Triple Blind Placebo Controlled Study	2014 Jul;47(4-5):156-61. doi: 10.1055/s-0034-382001. Epub 2014 Jun 23.

2. Books

year	Title	Publication	type
2019	Chapter 18, The Therapeutic and Preventive Roles of Both Lipid and Water-Soluble Carotenoids in Neurodegenerative Diseases	Text Book (Functional Foods and Mental Health, First Edition). Food science publication, USA.	Co-author (in English)
2019	Anxiety Disorders (Kaplan and Shaddocks comprehensive textbook of psychiatry)	Ebnesina	Translation from English to Farsi
2019	Pharmacotherapy in Psychiatry (Kaplan and Shaddocks comprehensive textbook of psychiatry)	Ebnesina	Translation from English to Farsi
Research Paper Presented/published in Conferences / Seminars			
Year	Conference/Seminar	Paper title	Location

2020	21 st Iranian Conference on Health Professions Education (ICHPE2020)	Applying a virtual reality psychosis simulation in psychiatric education of medical students	Virtual presentation, Tehran, Iran
2019	3 rd World Congress of Early Career Psychiatrists	Assessing the attitude toward applying VR in education in Iran	Hammamat, Tunisia.
2019	3 rd World Congress of Early Career Psychiatrists	SUD in patients with psychosis	Hammamat, Tunisia.
2019	36 th Meeting of The Iranian Psychiatric Association	Applying a virtual reality system in psychiatric education	Tehran, Iran.
2019	36 th Meeting of The Iranian Psychiatric Association	Treatment of schizophrenia: review of evidence	Tehran, Iran.
2018	3 rd World Disability and Rehabilitation Conference	People, Disability and Stigma: Has the role of language been discussed enough?	Kuala Lumpur, Malaysia.
2018	35 th Meeting of The Iranian Psychiatric Association	Virtual Reality: A Novel Approach in Rehabilitating People with Schizophrenia	Tehran, Iran.
2018	35 th Meeting of The Iranian Psychiatric Association	Virtual reality: a step forward in diagnosing schizophrenia	Tehran, Iran.
2018	12 th congress of addiction science	Application of virtual reality in substance use disorder	Tehran, Iran.
2017	34 th Meeting of The Iranian Psychiatric Association	Substance use disorder in Razi psychiatry hospital.	Tehran, Iran.
2017	11 th congress of addiction science	Treatment of maternal opioid use disorder in pregnancy	Tehran, Iran.
2016	33 rd Meeting of The Iranian Psychiatric Association	Saffron Aqueous Extract Prevents Metabolic Syndrome in Patients with Schizophrenia on Olanzapine Treatment: A Randomized Triple Blind Placebo Controlled Study	Tehran, Iran.

2012	29th Annual Meeting of The Iranian Psychiatric Association	Am I appropriate for Psychiatry Residency?	Tehran, Iran.
2012	WPA International Congress	Intimate Partner Violence and Women's General Health Quality in Iran	Prague, Czech Republic.
2011	28 th Annual Meeting of The Iranian Psychiatric Association	Attitude Toward Wife Abuse Among Women in Tabriz	Tehran, Iran.
2011	28 th Annual Meeting of The Iranian Psychiatric Association	Wife Abuse and Women Mental Health	Tehran, Iran.
Awards and Achievements			
	Venue/ conference	Award	Place
2020	13 th Motahari National Award in Medical Education	The National award of the "Scholarship of Teaching and Learning" in "e-Learning" As the principal author	Tehran, Iran.
2020	13 th Motahari National Award in Medical Education	The National award of the "Scholarship of Teaching and Learning" in "Educational Productions" As co-producer	Tehran, Iran.
2019	36th Meeting of The Iranian Psychiatric Association	The winner of the 4 th Davidian Prize by Iranian Psychiatric Association.	Tehran, Iran.
2018	3 rd World Disability and Rehabilitation Conference	The Best Poster Presentation Award	Kuala Lumpur, Malaysia.
2011	28 th Annual Meeting of The Iranian Psychiatric Association	The 2 nd Best Oral Presentation Award	Tehran, Iran.